

Continuing The Conversation

(provided by Dr. Howard Degenholtz, University of Pittsburg)

MDS Item

F0400A **How important is it to you to choose what clothes to wear?**

Probes: Do you have clothes that you like to wear? Are some of your clothes uncomfortable? Which ones?

F0400B **How important is it for you to take care of your personal belongings or things?**

Probes: What could you do to be more independent regarding taking care of your own things? What things do you wish you could do more to take care of?

F0400C **How important is it for you to choose between a tub bath, shower, bed bath, or sponge bath?**

Probes: Do you prefer to take a shower or a bath? Do you prefer having a bed bath or a sponge bath instead of the tub? Do you have a certain kind of soap that you like?

F0400D **How important is it to you to have snacks available between meals?**

Probes: When can you eat? Can you eat when you want? When do you prefer to eat? Can you get snacks you like when you want? Where do you like to sit? Do you have a choice of where to eat? Who to sit with? Is that different for different meals?

F0400E **How important is it for you to choose your own bedtime?**

Probes: What time do you prefer to go to bed? Tell me about your evening routine. What do you like to do before going to bed?

F0400F **How important is it to you to have your family or a close friend involved in discussions about your care?**

Probes: Who helps you make decisions about your care? Is there someone that you trust?

F0400G **How important is it to you to be able to use the phone in private?**

Probes: Do you have a phone? Y/N Can you reach it easily? Y/N Can you use it? Y/N Do you want staff to help you dial? Y/N Can other people hear you when you are talking about personal things on the phone? Y/N What prevents you from making a private phone call? Who do you like to call?

F0400H **How important is it for you to have a place to lock your things to keep them safe?**

Probes: Why do you feel that your possessions are not safe? If you have had any missing items, how well did the staff investigate the situation? Is there a way that your personal possessions can be more secure? Do you have a resident account to hold your money? Were you told about the resident account?

Activity Preferences

F0500A **How important is it to you to have books, newspapers and magazines to read?**

Probes: What kind of things do you like to read? Do you like to read books, newspapers or magazines? What kind of books? Do you have a favorite author? Which newspaper do you follow? Do you prefer large print books? Do you like books on tape (audio books)? What time of day do you like to read?

F0500B **How important is it to you to listen to music you like?**

Probes: What kind of music do you like to listen to? Who is your favorite singer (composer)? Do you have your own music player? Do you like to use headphones? Do you wear hearing aids? Do you like to listen to live music? Do you have a collection of music you like to listen to? When do you like to listen to music?

F0500C **How important is it for you to be around animals, such as pets?**

Probes: What kind of animals do you like to be around? Did you have pets of your own? When would you like to have the chance to be around animals? Is there anything you don't like about animals?

F0500D **How important is it for you to keep up with the news?**

Probes: What kind of news do you like? Sports, politics, science, medicine, local news? How do you like to get the news? Is there a newspaper that you like to read?

F0500E **How important is it for you to do things with groups of people?**

Probes: What kind of things do you like to do in a group? What do you like the most? What do you like the least? What kinds of group activities would you enjoy, but are not available?

F0500F **How important is it for you to do your favorite activities?**

Probes: How do you find out about activities? What activities do you enjoy the most? What activities do you enjoy the least? What are your favorite ways to socialize? What kinds of activities would you enjoy but are not available? How often do you attend activities that you do not enjoy?

F0500G **How important is it to you to go outside to get fresh air when the weather is good?**

Probes: What kind of weather do you enjoy? Where do you like to sit outside? When do you get outdoors? How do people respond when you ask to go outside? Do you ever leave the facility to visit friends, family or for any activities? Where do you like to go? When was the last time?

F0500H **How important is it for you to participate in religious services or practices?**

Probes: Are there any religious activities that you wish you could attend? Are there religious activities that you are taken to even if you are not interested? When do you prefer to participate in religious activities? How do you find out about activities?