



## CHANGING ANTIPSYCHOTIC THINKING

# CAT Prowls in the Black Box

Tip No. 1 - April 2013

Does your home have any residents with dementia taking any of these antipsychotics?

- **Abilify**
- **Aripiprazole**
- **Asenopine**
- **Clozapine**
- **Clozaril**
- **Fanapt**
- **Geodon**
- **Iloperidone**
- **Invega**
- **Latuda**
- **Lurasidone**
- **Olanzapine**
- **Paliperidone**
- **Quetiapine**
- **Risperdal**
- **Risperidone**
- **Saphris**
- **Seroquel**
- **Ziprasidone**
- **Zyprexa**

Commonly used to manage resident behavior in the past, we now know that they can cause harmful side effects -- falls, strokes, or even death.

The FDA has issued a black box warning about these medicines. There is a national campaign to stop their overuse. Missouri surveyors now look at the charts of residents who receive these drugs, which could identify a deficiency.

To address behavior, staff should look at approaches other than medication. We'll discuss this in future CAT tips. Look for the next tip to be a CAT detective!

### Action Steps:

1. **Please post this flyer for all staff to read!**
2. Make a list of who in your home receives one of the above medications and why.
3. Learn from the **Hand in Hand Toolkit** (visit [cms-handinhandtoolkit.info](http://cms-handinhandtoolkit.info) online if you do not already have a toolkit in your home).
  - Find the DVD, An Introduction for Facilitators and Administrators, in the toolkit and play it.
  - From the title screen, choose Person-Centered Approach to Care of Persons with Dementia and watch the five-minute presentation of Dr. Allen Power, MD.
4. Brainstorm with staff. Collect ideas about what residents might be trying to communicate through behavior.
5. Based on your ideas, choose a resident who antipsychotic intake might be reduced.

### Don't miss these training opportunities:

- **Building Blocks to Reduce Antipsychotic Use** is a one-day **FREE** workshop for Show-me Quality QAPI participants, **Tuesday, April 30, 2013, 9 a.m.-4:30 p.m.** at Hilton Garden Inn & Conference Center, Columbia, MO. Register with Sarah Williams, [swilliams@primaris.org](mailto:swilliams@primaris.org).
- **Join the Advancing Excellence campaign.** Go to [www.nhqualitycampaign.org](http://www.nhqualitycampaign.org) to register. Choose the Medication goal for step-by-step help as your facility reduces antipsychotic medications for people with dementia.

For more information, contact a MO LANE Planning Committee Member:

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